



Cottage Cheese

A fresh approach to quality.





Nordica[®] Cottage Cheese Packed with protein.

Made from 100% Canadian Dairy Milk, Nordica[®] Cottage Cheese is a nutritious choice:

- **High in protein** 1/2 cup (125 g) serving provides 14 g of protein – more than 2 eggs. Enjoying protein rich foods, like *Nordica*[®] *Cottage Cheese*, can help increase satiety and curb hunger between meals making it a great choice for a healthier lifestyle.
- Good source of calcium for bone health.
- Gluten and nut free

Versatile Ingredient – create flavourful dips, protein rich salad dressings, or substitute for ricotta and other cheeses in appetizers, entrees or desserts.

Nordica has the product format for your operational needs:

- Fat Free Cottage Cheese
- 1% Cottage Cheese
- 2% Cottage Cheese
- 4% Cottage Cheese

GAY LEA CODE	UPC	SCC	PRODUCT	CASE PACK	UNIT SIZE	NET KGS	GROSS KGS	L (inches)	W (inches)	H (inches)	CU. FT.	CU. MT.	TIE	TIER	CASES/ PALLET
15160	0 66013 15160 3	100 66013 15160 0	Cottage Cheese Nordica 4%	12	500g	6.00	6.35	13.59	9.25	6.49	0.472	0.013	13	8	104
15363	0 66013 15363 8	100 66013 15363 5	Cottage Cheese Nordica 2%	12	500g	6.00	6.35	13.59	9.25	6.49	0.472	0.013	13	8	104
15366	0 6601315366 9	100 66013 15366 6	Cottage Cheese Nordica 1%	12	500g	6.00	6.35	13.59	9.25	6.49	0.472	0.013	13	8	104
15362	0 6601315362 1	100 66013 15362 8	Cottage Ch Nordica Fat Free	12	500g	6.00	6.35	13.59	9.25	6.49	0.472	0.013	13	8	104
15243	0 66013 15243 3	800 66013 15243 9	Cottage Cheese Nordica 2%	6	750g	4.50	4.80	13.50	9.25	5.24	0.379	0.011	13	10	130
15246	0 66013 15246 4	800 66013 15246 0	Cottage Cheese Nordica 1%	6	750g	4.50	4.80	13.50	9.25	5.24	0.379	0.011	13	10	130
15180	0 66013 15180 1	000 66013 15180 1	Cottage Cheese Nordica 4%	1	2kg	2.00	2.04	6.25	6.25	6.25	0.14	0.004	42	5	210



Call your Gay Lea Representative or Distributor today to order Nordica® Cottage Cheese products. 5200 Orbitor Drive, Mississauga, Ontario L4W 5B4 Telephone: (905) 283-5222

Fax: (905) 283-5335 Toll-Free: 1-888-4GAYLEA (1-888-442-9532)

Visit gaylea.com/foodservice for more information

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